WORLD JADO KUIN DO ORGANISATION





The True Spírít of Jado Kuín Do

The true spirit of Jado Kuin Do can not be found simply by watching the remarkable physical capabilities of a skilled Jado Kuin Do practitioner.

The true spirit is gained only from experience and the combination of mind and body conditioning to the pursuance of mastery. These skills and philosophical values lie within every individual, but it takes a dedicated practitioner to unearth these qualities and unlock their true potential.

Only through dedication, determination, self sacrifice and total focus can one hope to achieve all Jado Kuin Do has to offer.

To realize and unlock our full potential requires us to synchronize and unite the unlimited powers of body and mind so they perform as one. I believe this is the formula for all avenues in life. Success should not ever be left to chance, for this is normally the way of the under- achiever.

Unlock Your Potential & Enjoy Your Training

Yours in Jado Kuin Do

Master Jake D. Ogden - MscD, Cert.Ed, WBOB. Founder of the Jado kuín Do Art form.

www.wjo.org.uk



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